

Entry Procedures:

- Ensure the entry forms are completed and emailed to LynndaleJuniorRelay@gmail.com
- Entries close at Midnight on Thursday the 12th of July 2018.
- The relay is conducted under 3 junior categories: Boys, Girls and Mixed
- Four Athletes per team with a maximum of one U15 athlete per team and at least one U9 or U11 grade athlete per team to be eligible for prizes. Any other combination will go as open and will be eligible for fastest team's trophy only.
- An athlete can run twice but NOT for same team. Correct BIB/NUMBER must be worn for each team.
- Mixed teams can be made up of any combination of boys and girls
- Changes to team members for no-shows or sickness accepted prior to race start
- **Athletes MUST** wear BIBS/NUMBERS supplied collected from Club in morning of run.
- Road/path course is two laps of course shown below. 2080m per athlete, 8320m per team.
- Cost \$20 per team. Payment may be made by DC to 02-0184-0022334-066 use Club name as reference. Cash and Cheque accepted on the day.
- All Athletes eligible for spot prizes. ATHLETE MUST BE PRESENT to collect spot prizes.
- Tea, Coffee, Sausages and other snacks will be available after the race at the Lynndale Club Rooms.
- PRIZE GIVING at the very end for top GIRLS, BOYS and MIXED Teams.
- **No spikes or bare feet.**



Location Map



Lynndale Junior Team Relay Saturday 14th July 2018 Race Start 09:00am

Lynndale Athletic Club
36 Portage Road New Lynn
(Parking Next to Lynndale Athletic Club)

**2018 AAI REGISTRATION NOT REQUIRED
FOR THIS EVENT.**

Athletes compete at own risk.

Further Information:

please contact Kristaps 0211896942 or Paul 02102534331
or <https://www.facebook.com/lynndaleathletic>