



## Athletics Auckland Senior Meet

Saturday 24<sup>th</sup> November

Mt Smart Stadium

### Programme B

10.00am	Javelin Men & Women
10.00am	Pole Vault – Start heights between 2.20m and 3.30m
10.00am	2000m / 3000m Steeplechase
10.05am	High Jump Women
10.15am	Long Jump Men
10.45am	Sprint Hurdles (110m/100m/80m)
11.35am	100m
11.40am	Discus Men & Women
12.00pm	High Jump Men
12.10pm	400m
12.20pm	Long Jump Women
12.35pm	800m
12.50pm	4x100 Relay – no pre-entry required

**Entries close midnight Thursday 22<sup>nd</sup> November.  
No entries on the day under any circumstances.**

### Notes

- All field events – 4 attempts per athlete only
- All track events will be seeded regardless of age groups.
- Athletes must be registered. No athlete will be competing unregistered in 2018/2019. This is not fair on all the other athletes who have registered with a club.

### Entry Fees

- Auckland Registered athlete - \$10
- School athletes - \$15
- Athletes from out of Auckland - \$15

Confirmation of entries must be done by every athlete no later than 60 minutes before your first event (90 minutes for Pole Vault).

Scratchings – If you are going to scratch from an event you must inform the officials in the check in area so lane draws can be re-seeded. This will make sure we don't have races of 3 or 4 athletes.