

# ATHLETICS AUCKLAND TRACK & FIELD CHAMPIONSHIPS 2019

## TECHNICAL REGULATIONS





These Championships will be conducted under the rules of the IAAF and Athletics New Zealand Supplementary Rules.

Athletes must be registered with club. Athletes representing clubs outside of Auckland must also be registered with their club and centre. Any International athletes must obtain clearance from their national federation to compete at these championships. Athletes cannot compete in more than one grade across the Championships.

### **Age groups**

Grade 7-14 – Age as at 31st December 2018 (New Zealand Children's Rule). All athletes must wear their 2018/19 age patch as issued by the club. This must be pinned or sewn on to the front of the athlete's top. The athlete's name is to be printed clearly on the patch under the number with a permanent marker pen.

U17, U18, U19, U20 and Senior – Age as at 31st December 2019 (IAAF Rule)

### **Entry Fees**

Grade 7-14	\$7 per event
U17- Senior	\$25

No refunds will be issued under any circumstances.

**Please note no late entries will be accepted under any circumstances.  
Athletes can only compete in one grade in every event.**

### **Entries**

Entries for all grades will only be taken online using the approved Athletics Auckland system and will close on Monday 21st January 2019. Junior clubs may arrange bulk electronic entry with the AAI office if necessary. No late entries will be accepted under any circumstances. The Technical Delegate may reject entries if not all information is submitted correctly.

- There is no restriction on the number of events you can enter.
- Please check the programme before you enter to ensure you are not going to be in a clash of events.

### **Safety**

In the interests of safety to athletes, coaches, officials, volunteers and spectators the following should be adhered to at all times:

- Spikes are only to be worn on the Field of Play or in relevant warm-up areas.
- Entry to the Field of Play (FOP) is to be made by athletes under control of officials.
- Athletes are not to cross the infield of the FOP.
- Warm-ups must be supervised by a coach or parent and within the competition area or relevant warm-up area only.
- No glass is permitted within the FOP.
- Throwing implements should only be picked up when directed by officials.
- Athletes should take care crossing the track at all times and adhere to directions from officials regarding the crossing of the track.
- Read the Safety notice that follows and abide by the Health and Safety plan

### **Stadium Entry**

- Athletes will be able to enter the stadium through either the O'Rorke Road or Maurice Road entrances - refer Ground Map. There is no entry charge to enter the stadium.
- No unauthorized person(s) shall be allowed in the competition area

### **Bib Number Collection (Grades U16 and above)**

- Packs will be available to all senior athletes **5.30pm on Friday 1<sup>st</sup> February from the Technical Information Centre.**
- Thereafter on competition days from the Technical Information Centre located within the administration building adjacent to the grandstand.
- It is the responsibility of athletes to collect race packs and make any scratchings
- Daily check in is required to enable officials to confirm fields for each event. This means that all athletes grade 7yrs and above must confirm their entry 60 minutes (except pole vaulters – 90 minutes) prior to the first event they are competing in, each day of the Championships they are competing.
- Athletes not completing this process are liable for exclusion from that event and all other events that they have entered. IAAF Rule 142.4 “Failure to participate” would apply
- Only those athletes confirmed as starters will be drawn in the fields for each event

### **Uniforms**

- Athletes must wear their approved club uniform

### **Spikes**

- The requirements of the Mt Smart track surface are:
  - Maximum length of spikes is **6mm** except in High Jump and Javelin where a maximum of **9mm** is allowed
  - Pyramid/Cone and Christmas Tree shapes are recommended.
  - Needle/Pin shapes allowed are not allowed

### **Competition Numbers**

- Senior athletes will be allocated two competition numbers which must be displayed on the front and back of the uniform singlet during competition with exception of-Jumping Events who only need to have one bib on.
- Athletes tampering with competition numbers may be liable for disqualification
- Any athlete who loses their competition number should go to the Technical Information Centre to obtain a replacement number as soon as possible.
- Colgate patches for athletes aged 15 and under (patches will be available for athletes registered with Senior clubs).

### **Implement Checking**

Personal implements must be presented at the Technical Room for checking and impounding at the following times:

- For Friday evening competition - on Friday by 5.30pm
- For Saturday competition – before 8pm on Friday
- For Sunday competition - before 6pm on Saturday

Athletes who wish to use their own throwing implements must lodge them with the Technical Manager on the day before competition as noted above or 3hrs prior to the start of the event. Implements will only be accepted for U17-Seniors.

## Starting Heights

- Starting heights for the high jump and pole vault are as follows and advised at the Technical meeting. They are subject to adjustment by the Jumps Referee if warranted by conditions on the day of Competition

High Jump	HJ Start Height	PV Start Heights	Triple Jump Boards
SM	1.80m	4.40m	11m/13m
U20 M	1.70m	3.80m	11m/13m
U19 M	1.70m	3.80m	11m/13m
U18 M	1.65m	3.20m	9m/11m/13m
U17 M	1.65m	3.20m	9m/11m/13m
U16 M		3.00m	7m/9m/11m/13m
14 B	1.30m		
13 B	1.25m		
12 B	1.20m		
11 B	1.15m		
10 B	1.10m		
SW	1.55m	3.20m	9m/11m
U20 W	1.50m	3.00m	9m/11m
U19 W	1.50m	3.00m	9m/11m
U18 W	1.45m	2.60m	7m/9m/11m
U17 W	1.45m	2.60m	7m/9m/11m
U16 W		2.60m	7m/9m/11m
14 G	1.25m		
13 G	1.20m		
12 G	1.15m		
11 G	1.10m		
10 G	1.05m		

## Scratchings

- These should be submitted on the appropriate form signed by the athlete to the **Technical Information Centre [TIC]** as soon as possible, but at least **90 minutes** before the event start time.
- If an athlete fails to scratch from an event after confirmation or does not compete in all rounds of an event for which s/he has qualified s/he may not be permitted to compete further
- No athlete who has retired from competition due to ill health will be able to re-enter competition (relay teams included) unless the athlete supplies a medical certificate and clearance has been obtained from the Technical Delegate. This applies irrespective of whether the athlete retires on Day 1 or Day 5.
- Electronic scratchings will be permitted if necessary. These should state; The athletes name, club, grade and event/s being scratched from. These may be sent to David Sim 0273311840 at least **90 minutes** before the event start time.

## Call Room Procedure

**ALL ATHLETES** without exception must report to the **Call Room** by the detailed final call report time

Failure to do so will make the athlete liable for **DISQUALIFICATION**.

**Officials will check all athletes against the required call room checks** in accordance with IAAF Rules:

- Correct uniform is being worn on **entry** to call room
- Correct competition numbers are worn on entry to call room
- Check of competition shoes, i.e. correct number of and size spikes (see Footwear below)
- Checking of competition chairs and throwing frames for Para Athletes
- Check of bags taken into the competition arena
- Personal material (athletes are not allowed to have glass bottles or containers, video or cassette recorders, radios, CD players, radio transmitters, or similar devices in the Field of Play)

## Footwear

- Grade 7-9yrs can only compete in barefoot or shoes. Rubber moulded spikes which are part of the sole of the shoe may be worn by athletes in Grade 7 – 9.
- Grade 10yrs+ - Athletes may compete with or without footwear. Any footwear and spikes shall be in accordance with IAAF Rule 143.
- Grades 10, 11, 12, 13 and 14 may wear metal spiked shoes only during competition. Spiked shoes with the spikes removed CANNOT be worn by the athletes.
- Spike length allowed:       6mm on track and long jump  
  9mm at high jump
- For safety, spiked shoes must be removed at the immediate completion of the athlete's event before leaving the arena. Failure to do this could result in disqualification from any further events.

## Mobile Phones

- **Field athletes** - phones will be allowed in the FOP but **MUST** be turned **OFF** and kept in athletes bag, any athlete found using or looking at their phone on the **FOP** will be issued with a Yellow card or a Red card depending on the circumstance
- **Track athletes** must not bring their phones into the Call Room but leave them with a responsible person.
- The call room judges will retain any personal material that contravenes the rules. The Call Room Judge will present the athlete with a receipt. This material may be collected by the athlete once their event is over and upon presentation of the receipt at Post event control
- The call room is located (and sign posted) as per the map for **all athletes and all events** including **wheelchair athletes**.
- Athletes will be directed by the officials in the call room when they are to be escorted to the competition arena.
- If an athlete is likely to be competing in another event at the designated call time for that event s/he must advise the call room official at the time of checking in for the first event.

**Scratching's are not to be submitted to the Call Room. These must be handled at the TIC**

## Drinks in the Competition Arena

- The Call Room will allow sports drinks/water through to the Field of Play. **NO** glass containers will be allowed.

## Call Room Reporting Times -

- Athletes must report to the call room at the following times preceding the advertised start time for their event:

Track events	<b>25 minutes</b>
HURDLES see below	<b>45 minutes</b>
Field events (excluding Pole Vault)	<b>50 minutes</b>
Pole Vault	<b>75 minutes</b>

It is the responsibility of athletes to report at these times as no calls will be made. 7-9's will be called one division at a time and will not adhere to the above times.

These times allow for marshalling and movements to the event sites. The remainder of the time may be used to complete the warm-up at the event site under the supervision of the officials where the event site is not in use.

If an athlete is already or likely to be competing in another event at the designated Call Room marshalling time, the athlete or someone on his/her behalf must notify the Call Room of this prior to the designated marshalling time.

## **Hurdles Warm Up Instructions: Final Call 45 min Before Event**

The grassed Warm up area will have a limited number of hurdles available for grass-based drills on field no 4 up by Oceania Soccer and the Maurice Road entrance, some 500m away from the track. (We are looking at whether the warm up area may be the Beasley Avenue driveway entrance – this is still being looked at and will be finalised by late January). Final call time into call room will be 45 minutes prior to event start time.

Leaving the Call Room will be 40 minutes prior to event start time with aim to arrive in the back straight at least 35 minutes before the event start time. This will require all athletes to report promptly. If athletes are not in call room at the 35-minute mark, your entry will be removed from the event.

Athletes only will be admitted to the warm up area, but coaches can communicate easily with the athletes at the fence. (Remember they are within the Competition area at this time, and must not enter the grassed infield due to safety concerns).

For most warm ups all 8 lanes will be available, but when 800m and 2000m Steeplechase races are on only lanes 5 to 8 (i.e., 4 lanes) will be able to be used and this will be at 200m end of back straight for 800's. (Area to be coned)

When 300m hurdles are being held, other hurdlers warming up will do so on the first bend. When the 400m hurdles are being held, other hurdlers warming up will do so on the back straight toward the 200m start, but will need to vacate the track before each race. **Please do not move the hurdles from their marks or adjust the hurdle heights during this time.**

Athletes will be taken to start at least 5 to 8 minutes before their start so they can have run outs from the blocks as soon as previous race gone.

It is essential that we have co-operation from all for this otherwise it will not work.

### **Warming Up**

- Warming up is not permitted in the main arena.
- **TRACK** and non-implement warm up is on the no 4 field, adjacent to the Maurice Road entrance on the field next to Oceania Football Club (see Map). **Note:** no throwing implements will be permitted in this area.
- **HURDLES** - There may be an option for hurdles warm up on the Beasley Avenue driveway – this is being looked into, otherwise **TRACK** warmup above applies.
- **Throws** warm up is on the no 5 field adjacent to the John Walker Lounge (see map) and must be supervised
- **NO** overhead backward warm up throws are allowed inside the Field of Play

### **Progression to Finals**

Rules for progression to finals will be determined as follows:

#### **Grade 7-9**

- All events are divisional finals – i.e. no heats and finals
- There will be a maximum of 8 athletes per division
- Field events - all athletes will receive 3 throws/jumps
- First three athletes in each division will be awarded a pennant. The remaining athletes will receive a finalist ribbon.
- Times and results will be published for these grades
- All athletes must wear their club uniform with their Age Patch sewn on to the singlet

#### **Grade 10-14**

- There will be heats and finals if required for the 100m, 200m, 400m and Sprint Hurdles (grade 12-14)
- 800m, 1500m, Race walk will go straight to a final. If numbers exceed the maximum allowed number of athletes on the start, they will be timed finals
- Field events – all athletes will receive 3 throws/jumps.
- Medals will be awarded to the top 3 athletes in each event
- In Grade 12-14 the top 6 will get 3 more attempts in reverse order

#### **U17, U18, U19, U20, Senior**

- 100m and 200m will have heats (if required) and a final. The 400m, 800m, 1500m, Sprint Hurdles, Long Hurdles, Walk and Steeplechase will be timed finals

- Field events (U17, U18, U19, U20, Senior) – all athletes will receive 3 throws/jumps with the top 8 getting 3 more trials.

For all events - should entry numbers not reach the required number for heats to take place, the event will proceed direct to final and be held at finals time. No exceptions.

Anytime a final is run the seeding will be;

Ranking 1-4	Lanes 3,4,5,6	– Random
Ranking 5-6	Lanes 7, 8	– Random
Ranking 7-8	Lane 1,2	– Random

### Starting Blocks

Grade 7-9 will not use starting blocks.

Grade 10 -11 will use starting blocks if wearing spikes.

Grade 12+ the use of starting blocks is compulsory

In all sprint events the athlete must use a crouch start, unless the crouch start stance and starting blocks are not required by specified para classes.

### False Starts

The IAAF no false start rule is in place for all events for all age groups.

### Relays

- Team declarations made on the forms provided at the TIC, are to be submitted at the TIC prior to **90 minutes** before advertised start time. These team declarations must supply team names plus reserves and running order

**Please Note:** IAAF Competition Rule 170.11 will apply

- An athlete not previously entered into the Championships at the time of entries closing will not be permitted to run in a relay

### Post Event Procedure

- All athletes are to leave the competition area via post event control
- Warm downs must be done outside the stadium arena

### Medal Ceremonies

- For 7 – 9-year olds, the medal ceremonies will take place adjacent to the finish line after each event.
- For **field** events, including Para field events, medal ceremonies will take place at the conclusion of the event. Medallists will be taken directly from the event to the medal presentation area (the Athletics Auckland office)
- For **track events, including Para track events**, medal ceremonies will take place asap following the event. Athletes should make their way to the medal presentation area in readiness for the ceremony to take place. (This allows for the 30-minute protest period to elapse and for results to be confirmed)
- Athletes must wear their correct competition uniform singlet (tracksuit trousers may be worn)

### Doping Control

- Athletes are reminded that they may be required to undertake doping control at the conclusion of their event
- Athletes may elect to have a representative/support person present
- If you have further events or duties (such as medal presentations or interviews) please advise the doping control chaperone when you are first approached

**Vertical Jumps**

Jump-offs for first place will only be conducted for the Senior Championship. In these Championships, in the normal course of events, jump-offs for first place in high jump and pole vault will be conducted.

**Competition Timetable**

The draft programme is listed on the Athletics Auckland website. The timetable is dependent on entries received and a final programme will be available on the website once entries close and all events have been seeded.

The list of events to be conducted on each day of the Championships will be available prior to the opening of entries. The Organising Committee will prepare the Final Timetable after entries have closed and the requirements for heats and qualifying rounds have been determined. Generally, the Final Timetable will be published on the weekend prior to the first day of the respective Championship. Seedings, draws, qualifications & competing order shall be in accordance with IAAF Rules 166 & 180.4

**Delay or Cancellation of Competition**

Competition may be delayed or cancelled by the Competition Director in consultation with the Technical Delegate and/or the Referees.

**Protests and Appeals to the Jury**

All protests must be lodged initially with the Referee as per IAAF Rules. The jury will be chaired by the Technical Delegate or other Senior Technical Official.

Appeals to the Jury are to be made in writing on the appropriate Appeal Form and lodged with the \$50.00 fee. Appeals can be made by either the athlete or the Team Manager and should be lodged in the Administration Room where forms will be available. At these Championships an approved team official may be present to assist an athlete whenever an athlete is being addressed or questioned by a Referee or the Jury of Appeal.



## **HEALTH & SAFETY - PRE-EVENT BRIEFING OF OFFICIALS / USERS OF STADIUM.**

1. OUR SPORT IS ONE WHERE THERE IS AN ELEMENT OF POTENTIAL DANGER FROM A VARIETY OF INJURIES. OUR DUTY IS TO MINIMISE THE POTENTIAL.
2. THE MEETING MANAGER (OR PERSON RESPONSIBLE) MUST APPOINT THE OFFICIALS APPROPRIATE TO THE EVENT.
3. SAFETY IS THE RESPONSIBILITY OF ALL PARTIES – ATHLETES, OFFICIALS AND SPECTATORS.
4. MEDICAL ASSISTANCE MAY BE REQUIRED.
  - a. ACCIDENT & INJURY REPORT FORMS ARE AVAILABLE WITH THE FIRST AID KIT.
  - b. FIRST AID KIT IS AVAILABLE FROM MEETING MANAGER OR ALLOCATED PERSON. ICE PACKS ARE AVAILABLE WITH THE FIRST AID KIT.
  - c. ANY SUPPLIES USED FROM THE FIRST AID KIT SHOULD BE NOTED IN THE FIRST AID LOG.
  - d. A DEFIBULATOR IS LOCATED IN ATHLETE/OFFICIALS LOUNGE
  - e. THE FIELD REFEREES WILL HAVE A PHONE WITH THEM SHOULD OUTSIDE MEDICAL AID BE REQUIRED.
  - f. IF AN AMBULANCE IS CALLED THE ADDRESS IS MT SMART STADIUM #2, ENTRY OFF BEASLEY AVE VIA LANE BEHIND GRANDSTAND.
  - g. THE NEAREST A&E TO MT SMART ARE
    - i. ONEHUNGA A&E, 73 CHURCH ST, ONEHINGA, 09 6345184
    - ii. ACCIDENT & MEDICAL CHURCH ST CLINIC, 766 GT SOUTH RD, PENROSE, 09 5252364
5. BE AWARE OF ANY SAFETY HAZARDS – REGARDLESS OF WHETHER THE ATHLETICS EVENT IS WITHIN A STADIUM OR EX STADIA. THIS WILL INCLUDE WEATHER, LIGHT LEVELS (ESPECIALLY FOR LONG THROWS), AS WELL AS OTHER POTENTIAL HAZARDS.
6. IF AN OFFICIAL BELIEVES UNSAFE ACTIVITY IS HAPPENING IT IS THEIR RESPONSIBILITY TO TAKE APPROPRIATE ACTION. THAT MAY BE TO STOP THE COMPETITION OR ADVISE THE CHIEF JUDGE / REFEREE.
7. THE LEVEL OF “PREVENTION”, e.g. BARRIER USE, IS IN PART DEPENDENT UPON THE EVENT STATUS AND ATHLETE AGE / RESPONSIBILITY i.e. YOUNGER ATHLETES REQUIRE GREATER SUPERVISION / PROTECTION.
8. THE COMPETITION AREA SHOULD BE KEPT CLEAR OF ALL PERSONNEL NOT INVOLVED IN THE RUNNING OF THE CURRENT EVENTS. THIS INCLUDES OFFICIALS WHO HAVE FINISHED THEIR DUTIES.
9. ALL ATHLETES SHOULD WALK AROUND THE PERIMETER OF THE COMPETITION AREA AND NOT ACROSS THE INFIELD.
10. MAKE SURE THAT ATHLETES DO NOT WANDER OFF FROM AN EVENT – THEY SHOULD BE SUPERVISED TO, AT LEAST, THE OUTSIDE OF THE COMPETITION AREA.
11. CHIEF JUDGES MUST RECOGNISE THAT SOME OFFICIALS MAY NOT BE ABLE TO MAINTAIN A HIGH LEVEL OF CONCENTRATION FOR LONG PERIODS AND SO SHOULD APPOINT THEM TO ROLES WHERE THAT WILL NOT CAUSE DANGER TO ANY PARTY.
12. NO IMPLEMENTS ARE TO BE LEFT UNSUPERVISED IN THE COMPETITION AREA.
13. ALL IMPLEMENTS SHOULD BE RETURNED TO THE GEAR SHED AT THE COMPLETION OF AN EVENT. WHO IS RESPONSIBLE FOR THIS WILL DEPEND UPON THE EVENT STATUS.
14. NO THROWS OR JUMPS ARE TO BE UNDERTAKEN BY ATHLETES WITHOUT A MINIMUM OF 2 OFFICIALS BEING IN ATTENDANCE.
15. ANY INCIDENTS / NEAR MISSES ARE TO BE REPORTED USING THE INCIDENT REPORT (AVAILABLE FROM MEETING MANAGER OR ALLOCATED PERSON)

DETAILS OF THE MEET (EVENT NAME, LOCATION, MEETING MANAGER, ETC) AND THAT THE BRIEFING HAS BEEN GIVEN TO BE RECORDED IN THE “OFFICIALS BRIEFING LOG BOOK”.