



## **Auckland Cross Country Championships** (incorporating the Selection Trials for the National Championships)

### **Saturday 21st July**

**Venue: Barry Curtis Park, East Tamaki**

<b>Race 1:</b>	<b>Senior Men and Senior Women</b>	<b>1.00pm</b>	<b>10km</b>
<b>Race 2:</b>	<b>U20 Men and Masters Men</b>	<b>1.30pm</b>	<b>8km</b>
<b>Race 3:</b>	<b>U18 Men, U20 Women and Masters Women</b>	<b>2.15pm</b>	<b>6km</b>
<b>Race 4:</b>	<b>Boys and Girls U9</b>	<b>2.45pm</b>	<b>2km</b>
<b>Race 5:</b>	<b>Boys U11</b>	<b>2.55pm</b>	<b>2km</b>
<b>Race 6:</b>	<b>Girls U11</b>	<b>3.00pm</b>	<b>2km</b>
<b>Race 7:</b>	<b>Girls U13</b>	<b>3.05pm</b>	<b>3km</b>
<b>Race 8:</b>	<b>Boys U13</b>	<b>3.15pm</b>	<b>3km</b>
<b>Race 9:</b>	<b>Girls U15</b>	<b>3.25pm</b>	<b>4km</b>
<b>Race 10:</b>	<b>Boys U15</b>	<b>3.35pm</b>	<b>4km</b>
<b>Race 11:</b>	<b>U18 Women</b>	<b>3.40pm</b>	<b>4km</b>

**Enquiries to:**

**Athletics Auckland**

**Email:** [office@athleticsauckland.co.nz](mailto:office@athleticsauckland.co.nz) **Web:** [www.athleticsauckland.co.nz](http://www.athleticsauckland.co.nz)

**Individual Entries open Monday 9<sup>th</sup> July Entries close Thursday 19<sup>th</sup> July, Midnight. Late entries available on the day – no later than 30 mins prior to your start time and incur an extra fee – The 30 min cut off time will be enforced.**

**\*This programme is subject to change depending on entries received**