

# 2018 Athletics Auckland Road Relay Championships



**Saturday 15<sup>th</sup> September  
Mt Smart Stadium**

# Entry Information

## Championship Timetable

### **Race 1 – Start time 1.00pm – Entry fee \$60 per team**

U18/U20 Men, Senior Men, Masters Men 40, MM 50 and MM 60

### **Race 2 – Start time 1.15pm – Entry fee \$50 per team**

U18/U20 Women, Senior Women, MW, Composite, Walks

### **Race 3 – Start time 2.30pm – Entry fee \$15 per team**

Boys and Girls U15

## Championship Rules

### Infringements and Time Penalties

1. Wrong Uniform	30 seconds
2. Number not clearly displayed	30 seconds
3. Number defaced	30 seconds
4. Making a False Start/Changing before/after zone	60 seconds
5. Running outside the course in a non-dangerous manner	60 seconds
6. Cutting a corner in a non-dangerous manner	60 seconds
7. Pacing in any matter	2 minutes
8. Being in possession of a banned device	2 minutes
9. An athlete that does not run laps consecutively	7 minutes
10. Impeding another athlete or unsporting manner	Team DQ

### Entries

Entries close on Thursday 13th September at 7.30pm. No entries on the day. All entries must be entered using the supplied Athletics Auckland entry form and be emailed to [office@athleticsauckland.co.nz](mailto:office@athleticsauckland.co.nz)

### Race Number

All athletes shall wear their team's assigned number on the front of their competition uniform, so that is clearly visible to race officials. The number may not be defaced or folded in any way.

### Uniform

All athletes shall compete in their official club uniform.

### Pacing

Pacing of any athlete by vehicles, cyclists or by any athlete not contesting that particular lap, may lead to that athlete receiving a penalty.

### Banned Devices

Any athlete contesting a lap shall not be in possession of or use an electronic device.

### Replacement of athletes

Where an athlete is unable to complete a lap, that athlete may be replaced by an athlete who is to complete the next lap, or if it is the last lap another member of the team having already competed but not by a reserve or emergency athlete. Written advice of the substitution shall be given to the Referee or to an Assistant Referee, within 15 minutes after the completion of the lap by the Team Manager or his/her nominee. Any team making a substitution shall incur a time penalty. Failure to provide written timely advice of a substitution shall result in team disqualification.

### Safety

Athletes shall at all times run between the cones. The course is closed to traffic. All athletes compete at their own risk

### Protests and Appeals

All protests shall in the first instance be made to and decided by the Race Referee who may consult with his/her assistants. All appeals against a referee's decision shall be made to the jury of appeal in accordance with the regulations laid down by the Athletics Auckland. A fee of \$50 is payable with each appeal to the Competition Manager.

### Timing

Each team will be supplied with a lap recording sheet. Teams are responsible for timing their athletes. All team recording sheets must be handed into the Competition Manager in the control room within 10 minutes of the team finishing. Athletics Auckland will only be responsible for the finish time of each team.

### Running order

U18/U20 Men, Senior Men, MM40, MM50 must have 4 athletes and will run 13 laps. Each athlete must complete a minimum of 1 lap each. Laps must be run consecutively.

U18/U20 Women, Senior Women, MW35+, MM60+ & Composite must have 3 athletes and will run 8 laps. Each athlete must complete a minimum of 1 lap each. Laps must be run consecutively.

Walks – Each team must have 3 athletes and will walk 6 laps. Each athlete must complete a minimum of 1 lap each. Laps must be walked consecutively.

Boys and Girls U15 – Each team must have three athletes. Girls can run in a boys' team. There is no age restriction per team. Minimum age is 7yrs of age but please remember they must be capable of running 2.4km on an undulating course. The race is over 3 laps and each athlete must do 1 lap each.

### First Aid

Each club is responsible for their own first aid.

### Club duties

All clubs must supply 1 marshal for the duration of the event and must report by 12.30pm to the Competition Manager.

Any queries relating to the entry/competition requirements please contact [office@athleticsauckland.co.nz](mailto:office@athleticsauckland.co.nz)