



Auckland Cross Country Championships (GP5) (incorporating the Selection Trials for the National Championships)

Saturday 20th July 2019

Venue: Barry Curtis Park, East Tamaki

Race 1:	Senior Men and Senior Women	1.00pm	10km	Start 1
Race 2:	U20 Men and MM 35 -64	1.30pm	8km	Start 1
Race 3:	U18Men, U20Women, MM65+ & MW	2.00pm	6km	Start 1
Race 4:	Boys/Girls U8 and Boys/Girls U10	2.30pm	2km	Start 1
Race 5:	Boys U12	2.40pm	2km	Start 1
Race 6:	Girls U12	2.45pm	2km	Start 1
Race 7:	U18 Women	2.50pm	4km	Start 1
Race 8:	Boys U14	3.05pm	3km	Start 2
Race 9:	Girls U14	3.15pm	3km	Start 2
Race 10:	U16 Men	3.30pm	4km	Start 1
Race 11:	U16 Women	3.45pm	4km	Start 1

Enquiries to:

Athletics Auckland

Email: office@athleticsauckland.co.nz **Web:** www.athleticsauckland.co.nz

Individual Entries close Thursday 18th July, Midnight. Late entries available on the day – no later than 30 mins prior to your start time and incur an extra fee – The 30 min cut off time will be enforced.

***This programme is subject to change depending on entries received**